

**Bardill/Prince 2007 Dances for sets of 5 individual dancers**

Reel/strathspey/reel 5,5,40,3 music "One of a Kind" by Marian Anderson

**The Strathspey Sandwich**

- 1-8 5 circles R with W+S, swirls away to circle L with N+E
- 9-16 All dance R&L for 5 dancers ....see Index for full description  
5 dancing a Lh tptot with 1+2. to begin. & finishing back at the centre

- 17-24 5 dances the path of a reel of 3 on the 2<sup>nd</sup> diag. ... Rsh to N to start. corners face & turn within the reel loops, N+E [Rh] then S+W[Lh]

having returned to the centre, 5 rotates 3/4 Rsh back to face W

- 25-32 Reel again with 5 starting Rsh on 1st diag to W with N+W [Rh] S+E [Lh] turning within the reel loops.

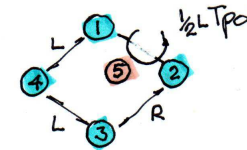
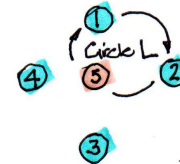
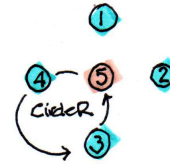
after looping S, 5 dances up outside the set to re-enter at NE

- 33-40 All circle left 3 places, all stepover except 1 who slip-turns to centre. 1+5 turn 1/2 Lh as 2+3+4 chase back 2 places a/c.

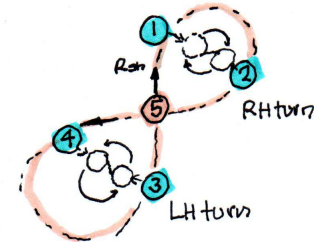
	N	E	S	W	Centre facing
End	4	5	2	3	1 SW

Medleys are always a problem as suitable music is hard to find. This dance was inspired by Marian,s music so fits exactly! Of course it can be also danced as a straight reel or Strathspey..... but be warned, 5 times as a reel will test stamina!

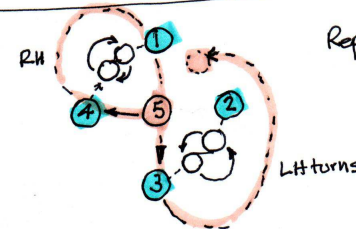
The Strathspey Sandwich



Rsh for 5



Reel on 2<sup>nd</sup> Diag. dancing of turning points



Repeat on 1<sup>st</sup> Diag.

