Bars

- 1-8 1st couple set and cast off one place. They dance down between 3rd couple giving nearer hands and cast up to second place. 2nd couple step up on bars 3 and 4.
- 9-16 1st couple turn with the right hand slightly more than half-way to face their first corner. 1st couple turn their first corner with the left hand and then turn their partner with the right hand three-quarters to face their second corner. 1st couple turn their second corner with the left hand to finish with the 1st man between the 2nd couple, all facing down, and 1st woman between the 3rd couple, all facing up.
- 17-24 All Set and Link. All set and cross over giving right hand to partner.
- 25-32 2nd, 1st and 3rd couple circle six hands round and back.

Repeat, having passed a couple.

Alan Cottle November 1999