

## GAELIC COLLEGE SCD BOOK #8: The Handy Dozen

### **8.1**

#### **TWO BY TWO**

3x32 bar Strathspey

3-couple Strathspey in 3-couple longways set

BARS

*Featured Formations*

Hand-in-Hand Reel of 3

Rosette, Reverse Rosette

**1-8** ROSETTE: 1<sup>st</sup> & 2<sup>nd</sup> couples set, right hand turn halfway and twirl to partner's place (in twirl dance towards partner & pulling right shoulder back dance to partner's place), then chase clockwise halfway round to end in progressed places nearer hands joined with partner, 2<sup>nd</sup> couple in top place facing 1st couple;

**9-16** HAND-IN-HAND REELS OF 3: 2<sup>nd</sup>, 1<sup>st</sup>, & 3<sup>rd</sup> couples dance Hand-in-Hand reel of 3, starting with 2<sup>nd</sup> and 1<sup>st</sup> couples passing right shoulders (this reel is performed by dancing a reel of 3 nearer hands joined with partner when dancing up or down the reel and changing hands at the top and bottom of the reel as one reverses direction so staying on your own side of the set);

**17-24** REVERSE ROSETTE: 2<sup>nd</sup> & 1<sup>st</sup> couples chase clockwise halfway round, right hand turn halfway with partner, twirl, & set (all are back in original places);

**25-32** LOOP PROGRESSION: 2<sup>nd</sup> couple followed by 1st couple dance down the middle, divide & cast up around 3<sup>rd</sup> couple & 2<sup>nd</sup> couple dance up the side in top place followed by 1<sup>st</sup> couple to 2<sup>nd</sup> place (4 bars): then 1<sup>st</sup> couple followed by 3<sup>rd</sup> couple dance up the middle, divide & cast down around 2<sup>nd</sup> couple & dance down the side to end with 1<sup>st</sup> couple at the bottom & 3<sup>rd</sup> couple in the middle place.  
REPEAT with new top couple.

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### **8.2**

#### **TAOBH RI TAOBH (Hand-in-Hand)**

8x32 bar Reel

3-couple dance in 4-couple longways set

BARS

*Featured Formation*

Hand-in-Hand Reel of 3

**1-4** TURN PARTNER: 1<sup>st</sup> & 2<sup>nd</sup> couples turn partner with right hand;

**5-8** WHEEL: 1<sup>st</sup> & 2<sup>nd</sup> couple dance right hands across once round ending nearer hands joined with partner, 1<sup>st</sup> couple facing 2<sup>nd</sup> couple;

**9-16** HAND-IN-HAND REELS OF 3: 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> couples dance Hand-in-Hand reel of 3, starting with 1<sup>st</sup> and 2<sup>nd</sup> couples passing right shoulders (this reel is performed by dancing a reel of 3 nearer hands joined with partner when dancing up or down the reel and changing hands at the top and bottom of the reel as one reverses direction so staying on your own side of the set);

**17-20** WHEEL: 1<sup>st</sup> & 2<sup>nd</sup> couple dance right hands across once round;

**21-24** 1+ ¼ TURN ON SIDE: 1+ ¼ right hand turn, 1<sup>st</sup> man with 2<sup>nd</sup> man, 1<sup>st</sup> woman with 2<sup>nd</sup> woman (end with 2<sup>nd</sup> woman & 1<sup>st</sup> man back-to-back in middle);

**25-32** REEL OF 4: 1<sup>st</sup> & 2<sup>nd</sup> couple dance a reel of 4 ending on own side in progressed places (on bars 31-32, 2<sup>nd</sup> woman and 1st man dance straight across to own side as 1<sup>st</sup> woman and 2<sup>nd</sup> man cast down and up, respectively).

REPEAT from 2<sup>nd</sup> place

### **8.3**

#### **TODLIN' ATHEGITHER (Toddling altogether)**

3x32 bar Reel

*Featured Formations*  
Hand-in-Hand reel of 3  
Tandem Reel of 3, Brigadoon

3-couple dance in 3-couple longways set

**BARS**

- 1-4** WHEEL AT TOP: 1<sup>st</sup> & 2<sup>nd</sup> couples dance right hands across;
- 5-8** WHEEL AT BOTTOM: 2<sup>nd</sup> & 3<sup>rd</sup> couples dance left hands across;
- 9-16** TANDEM REEL OF 3: 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> couples dance a Tandem Reel of 3 (this is a reel of 3, couples dancing as one unit, one behind the other: the lead switches at the head & foot of the reel) start with 1<sup>st</sup> & 2<sup>nd</sup> couples passing right shoulders men in the lead & 3<sup>rd</sup> woman ahead of 3<sup>rd</sup> man, & end nearer hands joined with partner on own side of set;
- 17-24** HAND-IN-HAND REEL OF 3: 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> couples dance Hand-in-Hand Reel of 3 (this reel is performed by dancing a reel of 3 nearer hands joined with partner when dancing up or down the reel and changing hands at the top and bottom of the reel as one reverses direction so staying on your own side of the set);
- 25-32** BRIGADOON: couples in 1<sup>st</sup> & 2<sup>nd</sup> positions dance in & down touching nearer hands in the middle, & out one place down the set curling upwards into the side AS couple in 3<sup>rd</sup> position dance up two places on their own side (NO CAST)(2 bars), then all set nearer hands joined on the side set; REPEAT bars 25-28 from new positions (order is now 2<sup>nd</sup>, 3<sup>rd</sup>, 1<sup>st</sup>).

REPEAT with new top couple

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### **8.4**

#### **HAND-IN-HAND WE'LL GO**

8x32 bar Jig

*Featured Formations*  
Hand-in-Hand/Tandem Reel of 3  
Double triangles

3-couple dance in 4-couple longways set

**BARS**

- 1-4** DOWN MIDDLE & CAST UP: 1<sup>st</sup> couple nearer hands joined dance down between 2<sup>nd</sup> & 3<sup>rd</sup> couples (2<sup>nd</sup> couple step up on bars 1-2), & cast up around 3<sup>rd</sup> woman (1<sup>st</sup> woman followed by 1<sup>st</sup> man & joining nearer hands dance into the middle);
- 5-8** TEAPOTS: Three Hands across: 1<sup>st</sup> woman right hands with 2<sup>nd</sup> couple & 1<sup>st</sup> man left hands with 3<sup>rd</sup> couple;
- 9-16** HAND-IN-HAND/TANDEM REEL OF 3: 2<sup>nd</sup>, 1<sup>st</sup> & 3<sup>rd</sup> couples dance a reel of 3 (2<sup>nd</sup> & 3<sup>rd</sup> couples hand-in-hand switching hands at the top & bottom of the reel, and 1<sup>st</sup> couple in tandem starting with 1st woman in the lead & switching the lead at the top & bottom of the reel);
- 17-20** TEAPOTS: Three Hands across: 1st woman right hands with 2<sup>nd</sup> couple & 1<sup>st</sup> man left hands with 3<sup>rd</sup> couple;
- 21-24** CAST: 1<sup>st</sup> woman casts up around 2<sup>nd</sup> man AS 1<sup>st</sup> man cast down around 3<sup>rd</sup> man, ending back to back in the middle ready for
- 25-32** DOUBLE TRIANGLES: 2<sup>nd</sup>, 1<sup>st</sup> & 3<sup>rd</sup> couple dance double triangles.  
REPEAT from 2<sup>nd</sup> place

## **8.5**

### **HERE'S A HAND, MY TRUSTY FIERE**

4x32 bar Strathspey

*Featured Formation*

Mairi's Wedding ½ Hand-in-Hand Reels of 4

4-couple dance in 4-couple longways set

#### **BARS**

- 1-4** ENDS CROSS & CAST: 1<sup>st</sup> & 4<sup>th</sup> couples cross with right hands & cast one place towards the middle (2<sup>nd</sup> & 3<sup>rd</sup> couples step up & down, respectively, on bars 3-4);
- 5-8** RIGHT HAND WHEEL: 2<sup>nd</sup> with 1<sup>st</sup> couple, & 4<sup>th</sup> with 3<sup>rd</sup> couple, dance right hands across, ending with 1<sup>st</sup> & 4<sup>th</sup> couples nearer hands joined facing "1<sup>st</sup> corners" (2<sup>nd</sup> man & 3<sup>rd</sup> woman, respectively);
- 9-24** MAIRI'S WEDDING ½ HAND-IN-HAND REELS OF 4: 1<sup>st</sup> & 4<sup>th</sup> couples dance half Hand-in-Hand Reels of 4 around each "corner" in turn ("1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> & 4<sup>th</sup> corners") switching hands as they pass around behind each corner position (as in Mairi's Wedding except that centre couples pass right shoulders in the middle): "corners" dance half a reel of 4 each time (on bars 23-24, 1<sup>st</sup> & 4<sup>th</sup> men pass right shoulders (followed by partner) ending on opposite sides to flow into (order is 2<sup>nd</sup>, 4<sup>th</sup>, 1<sup>st</sup>, & 3<sup>rd</sup> couple);
- 25-32** RIGHT HAND WHEEL: 1<sup>st</sup> & 4<sup>th</sup> couples dance right hands across once round, cross over passing right hand with partner to own side & set.
- REPEAT from new places.

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## **8.6**

### **GIE'S A HAND O' THINE**

4x32 bar Reel

*Featured Formation*

Mairi's Wedding ½ Hand-in-hand Reels of 4

4-couple dance in 4-couple longways set

#### **BARS**

- 1-8** TURN & WHEEL: All turn partner by the right hand, & then dance right hands across 1<sup>st</sup> with 2<sup>nd</sup>, & 3<sup>rd</sup> with 4<sup>th</sup> couple (2<sup>nd</sup> & 3<sup>rd</sup> couples end nearer hand joined facing "1<sup>st</sup> corners": 1<sup>st</sup> man & 4<sup>th</sup> woman respectively);
- 9-24** MAIRI'S WEDDING ½ HAND-IN-HAND REELS OF 4: 2<sup>nd</sup> & 3<sup>rd</sup> couples dance half Hand-in-Hand Reels of 4 around each "corner" in turn ("1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> & 4<sup>th</sup> corners") switching hands as they pass around behind each corner position (as in Mairi's Wedding except that centre couples pass right shoulders in the middle): "corners" dance half a reel of 4 each time (on bars 23-24, 2<sup>nd</sup> woman & 3<sup>rd</sup> man pass left shoulders all ending original places);
- 25-28** ENDS CHASE: 1<sup>st</sup> woman followed by partner casts down two places & dances into 3<sup>rd</sup> place on opposite side, AS 4<sup>th</sup> man followed by partner casts up two places & dances into 2<sup>nd</sup> place on opposite side (on bars 27-28, 2<sup>nd</sup> & 3<sup>rd</sup> couples step up & down respectively);
- 29-32** CROSS & SET: 1<sup>st</sup> & 4<sup>th</sup> couples cross right hand with partner & set (order is 2<sup>nd</sup>, 4<sup>th</sup>, 1<sup>st</sup>, 3<sup>rd</sup> couple).
- REPEAT from new places

## 8.7

### LANDS OF KIPPO

32 bar Strathspey

*Featured Formations*

Hand-in-Hand Reel of 3, Keppock

2-couple Round the Room dance, women in outer circle, men in inner circle

**BARS**

- 1-8** SET, CIRCLE, TURN & CIRCLE: nearer hands joined with partner set to opposite couple, four hands halfway round to left (2 steps), turn partner with both hands once around (2 steps), & four hands halfway round to left (2 steps);
- 9-16** HAND-IN-HAND REEL OF 3: Nearer hands joined with partner, dance Hand-in-Hand Reel of 3 starting by passing opposite couple by the right shoulder then the next couple by the left, then pulling left shoulders back & changing hands, reel back to original places;
- 17-20** SET & MEN BETWEEN WOMEN: nearer hands joined with partner, set to opposite couple, then men joining nearer hands dance between women who cast into partner's places;
- 21-24** WOMEN BETWEEN MEN & TURN PARTNER INTO GORDON HOLD: men cast back towards original places AS women (nearer hands joined) dance between men but offer other hand to partner to turn  $1 + \frac{1}{4}$  times ending with women turning under partners arm into Gordon hold (as in Gay Gordons) facing opposite couple;
- 25-32** KEPPOCH:  
Bars 25-28: 1<sup>st</sup> and 2<sup>nd</sup> couples dance forward on right, hop, backward on left, hop (as in the 1<sup>st</sup> bar of the Glasgow Highlanders setting step), then travel forward diagonally to the right (1 bar), forward on left, hop, backward on right, hop (as in the 3<sup>rd</sup> bar of the Glasgow Highlanders setting step), then travel forward diagonally to the left (1 bar): couples have now changed places, men passing left shoulders, and are now back-to-back;  
Bars 29-32: dropping front hands, turn once to end on own side
- REPEAT with next couple round the circle
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## 8.8

### KEPPOCK OF LOCH DUICH

32 bar Jig

*Featured Formations*

Hand-in-Hand Reel of 3, Keppock

2-couple Round the Room dance, women in outer circle, men in inner circle

**BARS**

- 1-8** SET TWICE & CIRCLE: Set to partner, set on diagonal, & four hands once round;
- 9-16** HAND-IN-HAND REEL OF 3: Nearer hands joined with partner, dance Hand-in-Hand Reel of 3 starting by passing opposite couple by the right then the next couple by the left, then pulling left shoulders back & changing hands, reel back to original places;
- 17-20** SET TWICE: nearer hands joined with partner set to opposite couple, then set to partner the women giving their other hand to their partner;
- 21-24** TURN INTO GORDON HOLD: turn partner once around ending with women turning under partners arm into Gordon hold (as in Gay Gordons) to face opposite couple;
- 25-32** KEPPOCH:  
Bars 25-28: 1<sup>st</sup> and 2<sup>nd</sup> couples advance and retire using modified Pas de Basque (2 bars: advance onto right foot in 4<sup>th</sup> intermediate position, beat left foot in rear 3<sup>rd</sup> position, step onto right foot in 3<sup>rd</sup> position, and extend left foot into 4<sup>th</sup> rear aerial position, and retire with regular pas de Basque), then dance past opposite couple ("Over the Heather Step"): couples have now changed places, men passing left shoulders, and are now back-to-back;  
Bars 29-32: dropping front hands, turn once to end on own side
- REPEAT with next couple round the circle

## **8.9**

### **TARRY WOO' (Tangled wool)**

3x32 bar Strathspey

3-couple dance in Triangular Set

BARS

*Featured Formation*

Hand-in-Hand Reel of 3

Link

- 1-4** SET & WHEEL: 1<sup>st</sup> & 2<sup>nd</sup> couples set & dance right hands across: end facing 3<sup>rd</sup> couple;
- 5-8** SET & WHEEL: 1<sup>st</sup> & 3<sup>rd</sup> couples set & dance right hands across ending nearer hands joined with partner, & 1<sup>st</sup> couple (1<sup>st</sup> man on left hand side of partner) facing 2<sup>nd</sup> couple;
- 9-16** HAND-IN-HAND REEL OF 3: 2<sup>nd</sup>, 1<sup>st</sup> & 3<sup>rd</sup> couples dance left shoulder Hand-in-Hand Reel of 3, all switching hands with partner at each end of the reel;
- 17-24** DOWN MIDDLE & BACK: 1<sup>st</sup> couple followed by 2<sup>nd</sup> woman with 3<sup>rd</sup> man, & 3<sup>rd</sup> woman with 2<sup>nd</sup> man (all nearer hands joined) dance away from the head of the set & cast back to original places, & join nearer hands with partner;
- 25-28** ADVANCE, RETIRE & LINK: all advance 1 step nearer hands joined with partner, drop partners hand & retire nearer hands joined with corner, then link with corner (men cast as women dance in front of men curling into corner's place);
- 29-32** ADVANCE, RETIRE & LINK: all advance 1 step nearer hands joined with new partner (1 step), drop partners hand & retire nearer hands joined with new corner, then link with corner (men cast as women dance in front of men curling into corner's place).

REPEAT from new places

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## **8.10**

### **CARD IT WEIL (Comb it well)**

3x32 bar Jig

3-couple Triangular Set

BARS

*Featured Formations*

Hand-in-Hand Reel of 3

Crossover wheels

- 1-4** SET & TEAPOTS: all set (1<sup>st</sup> couple advancing) & dance 3-hands across, 1<sup>st</sup> man left hand with 2<sup>nd</sup> couple & 1<sup>st</sup> woman right hand with 3<sup>rd</sup> couple;
- 5-8** CROSSOVER WHEELS: 3-hands across each person crossing into opposite wheel as they reach the middle, women passing in front of men (1<sup>st</sup> couple cross on bar 5, 2<sup>nd</sup> man & 3<sup>rd</sup> woman on bar 6, 2<sup>nd</sup> woman & 3<sup>rd</sup> man on bar 7: end nearer hands joined with partner, 1<sup>st</sup> couple facing 2<sup>nd</sup> couple, who are in 3<sup>rd</sup> position);
- 9-16** HAND-IN-HAND REEL OF 3: all dance Hand-in-Hand Reel of 3 switching hands with partner at each end of the reel (start the reel with 1<sup>st</sup> & 2<sup>nd</sup> couples passing right shoulders);
- 17-20** SET & TEAPOTS: set (1<sup>st</sup> woman to 3<sup>rd</sup> couple, 1<sup>st</sup> man to 2<sup>nd</sup> couple), and dance 3-hands across, 1<sup>st</sup> woman left hand with 3<sup>rd</sup> couple & 1<sup>st</sup> man right hand with 2<sup>nd</sup> couple;
- 21-24** CROSSOVER WHEELS: 3-hands across each person crossing over into opposite wheel as they reach the middle, women passing in front of men (1<sup>st</sup> couple cross on bar 21, 2<sup>nd</sup> man & 3<sup>rd</sup> woman on bar 22, 2<sup>nd</sup> woman & 3<sup>rd</sup> man on bar 23: all end in original places, women facing out right hands joined with partner, left with corner);
- 25-32** BALANCE IN CIRCLE & ½ TURN TWICE: all balance in the circle, change places passing right with partner, balance in circle, change places left hands with next person round the circle, ending with a new partner in a new place.

REPEAT from new places.

## **8.11**

### **TWINE WEEL THE PLAIDEN (Part the wool)**

3x32 bar Strathspey

*Featured Formation*

Mairi's Wedding ½ Hand-in-Hand Reels of 3

3-couple dance in 3-couple longways set

#### **BARS**

**1-8** ADVANCE, RETIRE, CAST & TURN: 1<sup>st</sup> couple advance, touch right hands, & retire (1 step each way), cast off one place (2<sup>nd</sup> couple step up on bars 3-4), & turn each other with both hands once round opening out to face up nearer hands joined;

**9-24** MAIRI'S WEDDING ½ HAND-IN-HAND REELS OF 3: 1<sup>st</sup> couple dance Hand-in-Hand Reels of 3 halfway with 2<sup>nd</sup> corners, 1<sup>st</sup> corners, 2<sup>nd</sup> corners, then 1<sup>st</sup> corners (1<sup>st</sup> couple dance round each corner position in turn as in Mairi's Wedding except that they start around man's 2<sup>nd</sup> corner [2<sup>nd</sup> woman], then woman's 1<sup>st</sup> corner [2<sup>nd</sup> man], then woman's 2<sup>nd</sup> corner position [2<sup>nd</sup> woman], then man's 1<sup>st</sup> corner position [2<sup>nd</sup> man]: 1st couple change nearer hands as they pass behind each corner position;

**25-32** TEAPOTS & CAST: all dance 3 hands across on own side, then 1<sup>st</sup> followed by 3<sup>rd</sup> & 2<sup>nd</sup> couples, joining nearer hands as they meet, dance up the middle & all cast off ending in the order: 2<sup>nd</sup>, 3<sup>rd</sup>, 1<sup>st</sup>.

REPEAT with new top couple

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## **8.12**

### **SLANTE, AUSTRO-ALBA**

3x32 bar ~~Reel~~ Jig

*Featured Formation*

Mairi's Wedding ½ Hand-in-Hand Reels of 3

3-couple dance in 3-couple longways set

#### **BARS**

**1-8** DOWN MIDDLE & BACK: 2<sup>nd</sup> couple dance down the middle & back nearer hands joined;

**9-24** MAIRI'S WEDDING ½ HAND-IN-HAND REELS OF 3: 2<sup>nd</sup> couple dance Hand-in-Hand Reels of 3 halfway with 2<sup>nd</sup> corners, 1<sup>st</sup> corners, 2<sup>nd</sup> corners, then 1<sup>st</sup> corners (2<sup>nd</sup> couple dance round each corner position in turn as in Mairi's Wedding except that they start around man's 2<sup>nd</sup> corner [2<sup>nd</sup> woman], then woman's 1<sup>st</sup> corner [2<sup>nd</sup> man], then woman's 2<sup>nd</sup> corner position [2<sup>nd</sup> woman], then man's 1<sup>st</sup> corner position [2<sup>nd</sup> man]: 2<sup>nd</sup> couple change nearer hands as they pass behind each corner position;

**25-32** UPWARD LOOP: 2<sup>nd</sup> couple followed by 3<sup>rd</sup> couple dance up between 1<sup>st</sup> couple, cast off and dance down the side to bottom place (3<sup>rd</sup> couple end in 2<sup>nd</sup> place), then 3<sup>rd</sup> couple followed by 1<sup>st</sup> couple dance down through 2<sup>nd</sup> couple, cast up and dance up the side to top place), 1<sup>st</sup> couple ends in 2<sup>nd</sup> place ready to start again

REPEAT with new centre couple